

CAREER & TECHNICAL TRAINING

Wilderness First Aid

Training Location: Generations Southeast Community Learning Center Instructor: Wilderness Medical Associates International Cost: \$300

Program Summary

The Wilderness First Aid course will teach individuals the skills and knowledge necessary to recognize and respond to medical emergencies in a remote wilderness setting. Participants will learn how to assess and perform basic field care for common injuries and illnesses including fractures, sprains, and hypothermia. The course also covers improvised first aid techniques and communication, equipping individuals with the tools they need to confidently handle medical emergencies in challenging outdoor environments. Upon completion, students will receive a Generations Southeast certificate and Wilderness First Aid certification.

Topics Covered

- General Concepts in Wilderness Medicine
- Patient Assessment System
- Respiratory and Circulatory System Problems
- CPR

- Anaphylaxis
- Injuries with Wound Cleaning
- Splinting
- PAS drills

To register or for more information, contact: Haa Káak Hás Kahídi - Our Uncles' House Generations Southeast Community Learning Center 3239 Hospital Drive, Juneau, AK 99801 | 907.463.7375 <u>GenerationsSoutheast@tlingitandhaida.gov</u> <u>www.GenerationsSoutheast.org</u>

ALL courses offered at the Generations Southeast are open to the public!